

'POT A PLANT' PROGRAMME



NKS aims to reduce our community's carbon emissions by 100.8 tonnes CO2e through growing own produce and providing expert guidance.



Activities will include:

- Gardening sessions to enhance food growing skills in collaboration with the Royal Botanic Garden Edinburgh.
- Visits to garden centres and farms.
- Cookery workshops, to demonstrate and explore new recipes with the vegetables and herbs harvested from the gardens.
- Provide one to one support to learn to grow your own vegetables and herbs through an innovative idea where women and children will take pride in their own plants as well as increase their gardening skills at a personal level.

Come and join us! It's free!!!

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We are providing you with a platform to start a healthier lifestyle. Come and be a part of us and contribute to going green!

